

Big Rigs & Air Conditioners

Contributed by Webmaster
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More info...

8:38 am, BB: WTF? How did we sleep in until 8:30? This is nuts! 9:15 am, Me: Yes, I know he set up his tuition through the payment plan but apparently THE PAYMENT PLAN DIDNT PAY. So do we owe back tuition or not? Oh. No mam, well pay it right away. Its not necessary to report us to THE STATE ATTORNEY GENERAL for collections. Honestly. I have to go now, theres a murder that needs committing right fast. 10:27 am, Drew: Hey, so I almost ran over a kitten on the bypass this morning.

How to Cope with Panic Attacks

As a sufferer of panic or anxiety attacks you are no doubt all too familiar with the distressing feeling of being alone and that nobody else understands you. This feeling of being misunderstood can lead to panic and anxiety sufferers being embarrassed about their problem and they wont talk about it with other people. However there are many other sufferers and there is no need for you to feel alone. As long as you know where to look it is easy to find help as about 5% of people suffer from anxie

Social Skills Deficits

Social Skills Deficits refer to the anxiety and difficulty some people have in forming superficial or intimate relationships when these are sought and desired. Other terms to describe the problem are social inadequacy, avoidant personality disorder, and extreme shyness. Social Phobias merge imperceptibly with Social Skills Deficits. No formal comparison between them has been published, but some insight may be gained by examining features of the latter. The characteristics of 46 subjects with s

Anxiety Gone!

So, this is what it feels like to be free again huh? I like! Tagged: Anxiety, Free

Paranoia

Paranoia (which means a mind beside itself) describes someone who has persecutory delusions, for example thinking that someone or something is out to get them. Paranoid delusions are strong, fixed beliefs of persecution. Although there is some overlap, there are 3 types of Paranoia: Pure paranoia Paranoia with schizophrenia Delirium with paranoia is an acute confusional state, for example intoxication with drugs that produces paranoid feelings. Drugs associated with paranoid delirium in